

PE Timetable 2022 - 2023

		AUTUMN TERM				SPRING TERM		SUMMER TERM	
EYFS	KN	Fundamentals: All About Me, Places and Spaces (6)		Multi-skills: Throwing and catching (6)		Attacking and Defending (6)	Gymnastics Unit 2: Traditional Tales	Athletics Sports Day	Multi-skills: Bat and Ball (6)
	T	Gymnastics Unit 1: Animals and their Habitats		Yoga (6)		Dance Unit 1: Everyday Life	Dance Unit 2: Places	Athletics	Multi-skills: Running and Jumping (6)
Year 1	KN	Ball Skills (6)*	Gymnastics (6)	Sending and Receiving (4)		Sending and Receiving (2)	Invasion (6)	Athletics Sports Day	Net and Wall (6) <i>Fundamentals</i>
	T	Fundamentals (6)	Team Building (6)	Yoga (4)		Dance (6)	Target Games (6)	Athletics	Striking and Fielding (6) <i>Fundamentals</i>
Year 2	KN	Ball Skills (6)*	Gymnastics (6)	Sending and Receiving (4)		Sending and Receiving (2)	Invasion (6)	Athletics Sports Day	Net and Wall (6) <i>Fundamentals</i>
	T	Fundamentals (6)	Team Building (6)	Yoga (4)		Dance (6)	Target Games (6)	Athletics	Striking and Fielding (6) <i>Fundamentals</i>
Year 3	KN	Football (4)*	Gymnastics (6)	Tag Rugby (4)*		Swimming (5) <i>Offsite</i>	Golf (6)	Athletics Sports Day	Net and Wall (6) <i>Fundamentals</i>
	T	Fundamentals (6)	Invasion Games (6)	Ball Skills (4)		Dance (6)	OAA (6)	Athletics	Striking and Fielding (6) <i>Fundamentals</i>
Year 4	KN	Netball (4)*	Gymnastics (6)	Swimming (5) <i>Offsite</i>		Basketball (5)*	Fitness (5)	Athletics	Net and Wall (6) <i>Badminton</i>
	T	Invasion Games (6)	Hockey (4)*	Handball (4)		Dance (6)	OAA (6)	Athletics Sports Day	Striking and Fielding (6) <i>Kwick-Cricket</i>
Year 5	KN	Netball (2)	Swimming (5) <i>Offsite</i>	Gymnastics (6)	Netball* (2)	Tag Rugby (4)*	Golf (6)	Athletics Sports Day	Net and Wall (6) <i>Tennis</i>
	T	Invasion Games (6)	OAA (6)	Football (4)		Dance (6) <i>Haka</i>	Yoga (5)	Athletics	Striking and Fielding (6) <i>Rounders</i>
Year 6	KN	Netball (4)*	Gymnastics (6)	Football (4)*		Basketball (5)*	Fitness (5)	Athletics Sports Day	Net and Wall (6) <i>Volleyball</i>
	T	Invasion Games (6)	Hockey (4)	Handball (4)		Dance (6) <i>Through the Decades</i>	Dodgeball (4)	Athletics	Striking and Fielding (6) <i>Cricket</i>

Intent

- ◇ In EYFS, unit 1 to be taught before unit 2 as unit 1 is easier
- ◇ Ball Skills, Fundamentals and Sending and Receiving KS1 units isolate skills to prepare children to apply these in games activities (target, net and wall, striking and fielding, and invasion) with increased pressure, rules and decision making. The same with Ball skills and Fundamentals in LKS2
- ◇ Consideration has been made for weather to avoid disruption to lessons and usage of hall for Christmas activities, placing units such as Dance (in Spring) and Gymnastics (Autumn)
- ◇ To give children a broad range of experiences, we have alternated games activities throughout KS2
- ◇ Handball is introduced in Year 4 and then developed in year 6 as secondary schools cover this in their PE and we want or children to feel prepared to enter those lessons with some knowledge, understanding and confidence